

# CLOVER RETREAT



## GARDEN NEST RETREAT

A unique and tranquil space for rejuvenating massages. We creating a special retreat room inspired by the beauty of a bird's nest and offers individual massage beds for ultimate relaxation and privacy.

Step into our serene haven and experience the blissful ambiance of The Nest as you indulge in a rejuvenating massage that will leave you feeling refreshed and renewed.



LOCATION

# BLISSFUL RETREAT SPA PACKAGE

## RECHARGE PACKAGE

120 MINS - 2,490 THB PER PERSON | 4,590 THB PER COUPLE

- Welcome with Bael Fruit Tea
- Sound Healing therapy
- 5 Minutes Floral Foot Bath
- 75 minutes Retreat Oriental Thai oil Massage or Dry Massage (Choice of oil)
- 25 minutes Foot Massage
- 15 minutes Indian Head Massage with Warm Coconut oil
- Fresh Ginger Tea and Homemade Pineapple Cookie for Refreshment.

## RETREAT REFRESH PACKAGE

90 MINS - 1,990 THB PER PERSON | 3,590 PER COUPLE

- Welcome with Bael Fruit Tea
- Sound Healing therapy
- 5 Mins Floral Foot Bath
- 60 Mins Aromatherapy Massage (choice of oil)
- 25 Mins Foot Massage / Or Head Massage
- Fresh Ginger Tea and Homemade Pineapple Cookie for Refreshment.

## RETREAT MINDFULNESS SIGNATURE MASSAGE

90 MINS - 1,890 THB PER PERSON

Highly advised for those dealing with muscles stiffness due to stiff posture from sitting or standing for long periods of time.

## PAMPER SOOTHING GEL BODY WRAP (PLEASE TAKE A SHOWER BEFORE USING THE TREATMENT)

70 MINS - 1,490 THB | 45 MINS - 990 THB (NO FACE MASK)

Aloe Vera is widely used in cosmetics and alternative medicine for its rejuvenating healing and soothing properties. In a gel form, its cooling nature effectively relieves sunburns.

# NEW YOU WELL - BEING THERAPIES

## HOLISTIC MASSAGE

60 MINS - 1,390 THB | 90 MINS - 1,890 THB

Therapist will focus on the specified areas of concern to relieve and melt away muscle tension and to bring about a balanced state for well-being.

## DEEP RELAXING HEAD MASSAGE WITH WARM PURE COCONUT OIL (OR NO OIL)

USE INDIAN HEAD MASSAGE INCLUDED THE AYUVEDIC TECHNIQUE OF SHIRODARA

60 MINS - 1,390 THB



## DETOX MASSAGE

60 MINS - 1,390 THB | 90 MINS - 1,890 THB

A special blend of light quickly absorbed plant oils aids in detoxifying the skin by stimulating and improving circulation and lymph flow while reducing the appearance of cellulite.

## ABHYANGA MASSAGE

60 MINS - 1,390 THB | 90 MINS - 1,890 THB

This Ayurvedic body massage focuses on the Marmas, which are significant ayurvedic site on the body that promote healing, releasing physical and emotional blockages.

## PREGNANTAL MASSAGE

60 MINS - 1,390 THB | 90 MINS - 1,890 THB

A Nurturing yet therapeutic experience for moms-to-be, this special treatment is designed to increase circulation and reduce water retention while easing lower back and hip discomfort.

## BALINESE MASSAGE

60 MINS - 1,290 THB | 90 MINS - 1,790 THB

Applying ideal pressure with constant, rhythmic, shiatsu-style pressure point techniques, combined with your selection of our specially blended range of aromatherapy oils.

## RETREAT ORIETAL THAI MASSAGE

90 MINS - 1,790 THB

This firm yet pleasurable massage technique combines strong, deep tissue strokes with ancient Thai stretches to invigorate and renew the muscles for head to toe.

## MINI FACIAL TREATMENT

### RETREAT NATURAL MINI

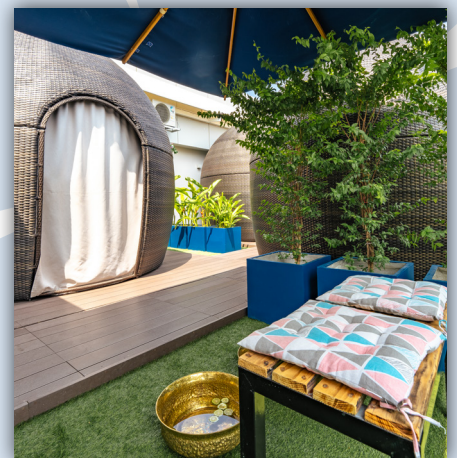
45 MINS - 990 THB (FOR ALL SKIN TYPE)

This treatment begins with gentle cleansing, followed by exfoliation with brown sugar and cucumber, deep relaxing facial massage with honey. A Nourishing moisturizer completes the experience.

### RETREAT NATURAL JADE UPLIFTING RELAXING FACIAL MASSAGE

45 MINS - 990 THB (FOR ALL SKIN TYPE AND AGING SKIN)

Begins with uplifting cleansing natural product, The primary causes of aging skin, a cellular regenerating massage improves blood circulation and relaxes tense muscles that are a precursor to wrinkles.





## CLASSIC BODY PAMPER

### TRADITIONAL THAI MASSAGE

60 MINS - 899 THB | 90 MINS - 1,190 THB | 120 MINS - 1,290 THB

Discover the ancient art of Thai-style oil free massage, where strategic force on pressure points, muscles, and ligaments stimulates your internal energy flow.

### DEEP TISSUE MASSAGE

60 MINS - 1,390 THB | 90 MINS - 1,790 THB | 120 MINS - 1,990 THB

Indulge in the therapeutic benefits of our deep tissue massage, a technique crafted to address the deeper layers of muscle tissues and alleviate chronic tension.

### AROMATHERAPY MASSAGE

60 MINS - 1,290 THB | 90 MINS - 1,690 THB | 120 MINS - 1,890 THB

Experience the essence of relaxation with our signature massage, harnessing the power of aromatic oils.

### RELAXING FOOT MASSAGE

30 MINS - 559 THB | 60 MINS - 899 THB

Immerse yourself in the holistic benefits of our foot and leg pampering session.

### HERBAL COMPRESS MASSAGE (NUAD PRA KOB)

90 MINS - (WITH OIL) 1,990 THB | 90 MINS - (WITHOUT OIL) 1,790 THB

Ancient Siamese healing therapy uses tradition hot compresses filled with herbs, oils, and natural enzymes to soothe the muscles. The heated compress helps the skin to better absorb the herbs.

### ALOE VERA AFTER SUN MASSAGE

60 MINS - 1,390 THB | 90 MINS - 1,900 THB

Nourish your sun-exposed skin with the soothing power of Aloe Vera. This natural wonder not only replenishes moisture but also forms a protective layer, aiding in the rejuvenation of sun-exposed skin.

### BACK, NECK & SHOULDER MASSAGE

30 MINS - 559 THB | 60 MINS - 999 THB

Embark on a journey of tranquility with our expertly tailored back, neck, and shoulder massage, thoughtfully designed to not only invigorate vital energy points but also enhance overall well-being.

